

Refreshing Soaks

Whip up a footbath by mixing simple ingredients in a basin of warm water. (These were developed by Mindy Terry of Creative Spa Concepts.) After a 15-minute soak, Mom will feel as if she's walking on air.

CHOOSE A SOAK



Bedazzle Her Beauty Sleep

Print this dreamy sleep mask from marthastewart.com/mothers-day. Write a message on the back, and decorate if desired (we used glitter and pipe cleaners). Add ribbon ties.



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Spa-tacular Snacks



FRUIT SKEWERS

Shape melons (honeydew and cantaloupe) and pineapple into rounds using a melon baller. Thread a few onto wooden skewers.



COCONUTTY MANGOES

Roll mango wedges in toasted ground coconut. (For coconut: Bake at 350° until golden, 8 to 10 minutes. Let cool. Pulse in a blender or food processor.)



YOGURT-HONEY DIP

Stir together 1 cup plain yogurt and ½ cup honey until combined. Swirl in more honey if desired. Serve with fresh berries.

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